

Delhi Transport Corporation
(Government of NCT of Delhi)
Personnel Department
I.P.Estate: New Delhi

No. PLD-III/Medical Standards/2020/4924


Dated:- 04.12.2020

Subject : Medical Standards for the candidate selected for the appointment in DTC / granting extension /leave in service for the existing employees

In supersession of earlier Circulars no. PLD-V(Medical Std.)/86/6614 dated 2.7.1986 , PLD-III/Medical Std. /89/811 dated 9.2.1989 , PLD-III/Medical Std. /98/3895 dated 13.11.98, PLD-III/ Medical Std. /2011/775 dated 15.2.2011 ,PLD-3/Driver Medical /2019/293 dated 22.1.2019 and PLD-III/Medical Std. /2019/5040 dated 30.12.2019 on the above subject , the Medical Standards at **Annexure –A** laid down in respect of different categories ,selected for appointment in DTC as well as granting extension /leave in service for the existing employees is hereby notified and circulated for the information and guidance of all concerned .

This has approval of the competent authority.

Encl : Annexure A


(Chander Prakash)

Dy. Chief General Manager (P)-I

Chief Medical Officer

- All HODs
- OSD to MD
- All Regional Managers
- All Unit officers

Delhi Transport Corporation
(Government of NCT of Delhi)
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Subject : Medical Standard for the candidates selected for
appointment in DTC / granting extension , leave
in service for the existing employees

GENERAL STANDARD OF FITNESS

I HEIGHT:

The height of the candidate will be measured by the following method:

The candidate will remove his/her shoes and be placed against the standard with his feet together and the weight thrown on the heels and not on the toes or otherside of the feet. He/she will stand erect without nignity and with the heels, calves, but socks and shoulders touching the standards. The chin will be depressed to bring the head level under the horizontal and the height will be recorded in centimeters.

Conductor	Minimum	-150 cms.(Male)	142 cms.(Female)
	Maximum	No limit	No limit
Driver	Minimum	- 159 cms	159 cms.
	Maximum	No limit	No limit

Minimum height for all others categories should be 150 cms. for male and 142 cms for female. There is no limit for maximum height for the above category including S. Guards ..

II CHEST :

He /She will be made to stand erect with his/ her feet together and to raise his arms over his/her head. The tape will be so adjusted around the chest that its upper edge touches the dinterior angles of the shoulders blades behind and likes in the same horizontal place when the tape is taken round the chest. The arms will then be lowered to hand loosely by the side and care will be taken that the shoulders are not thrown upwards or backwards so as to displace the tape. The candidates will then be directed to take a deep inspiration several times and the maximum expansion of the chest will be carefully noted and the minimum expansion of the chest should be 5 cms. and the average minimum chest should be 70 cms, for all categories. In recording the measurements fraction of less than half cms will be ignored.

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III WEIGHT :

The candidate will also be weighed after removing the shoes and clothes except underwear and his weight recorded in kilograms, fraction of less than half a kg. should not be noted. The proportion of height and weight standard will be at the discretion of the Board. However, it will comply with max, and minimum height and weight both for male and female candidates.

Male Minimum = 45 kgs. Maximum = 85 kgs.

Female Minimum = 35 kgs. Maximum = 65 kgs.

*A relaxation of 10% (due to bone weight) in maximum limit will be considered.

IV VISION STANDARDS:

Minimum vision standards for the contractual driver /regular driver should be as under:

1) Driver (Upto the age of 40 years)

Minimum

6/6 6/6 } (with or without glasses)
J/1 J/1 }

In case of both vision defects , the candidate should wear bifocal/progressive glasses to correct the vision. Total amount of Myopia (including the cylinder) shall not exceed -4.00 D. Total amount of Hypermetropia (including the cylinder shall not exceed +4.00 D.

2) Conductor

Minimum

6/6 6/6 (with or without glasses)
J/1 J/1)

3) Class-IV (excluding chowkidar and R&M Staff)

Minimum 6/12 (With glasses)

R & M Staff

Minimum 6/12(Without glasses)
6/6 6/18(With or without glasses)

4) Class III

Ministerial staff and 6/12 6/12 With glasses
Non technical staff: 6/6 6/Nil } with or without glasses
Technical staff 6/12 6/ 12 } (With or without glasses)
6/6 6/18 }
J/1 J/1 }

5) SECURITY GUARD AND CHOWKIDAR:-

6/6 6/6 } Without glasses
J/1 J/1 }

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6) OFFICER CATEGORY

Technical

6/6 6/12 } with or without glasses
6/9 6/9 } with glasses
J/1 J/II

Non-technical

6/9 6/12 } with or/without glasses
6/6 6/18 }
J/1 J/II

Absence of one Eye is, a disqualification for officers category (both technical). And non-technical), Drivers, Conductors , S/ Guards, Chowkidars and class-III (Tech.) and Class IV technical staff, for other categories, absence of one eye is not a disqualification provided better eye vision is 6/6 without glasses.

Colour Vision:- Colour blindness is a disqualification in case of Medical Officer, Conductors and Drivers. Morbid condition of Eye like squint, staphyloma, Corneal opacity, ptosis etc. is a "disqualification" for Drivers, Conductors, S/Guards and Chowkidars and all other technical and workshop staff even if the vision equity is of prescribed standard.

Satisfactory colour vision constitutes recognition with ease and without hesitation of signal red ,signal green and yellow-magenta colours .The use of Ishiara plates , shown in good light and suitable lantern like Edrige Green's shall be considered quite dependable for testing colour vision . While either of the two tests may ordinarily be considered sufficient in respect of the services concerned with road , rail and air traffic ,it is essential to carry out the lantern test . In doubtful cases, where a candidate fails to qualify when tested by only one of the two tests , both the tests should be employed.

Night Blindness :- Night blindness is a disqualification in case of Drivers, Conductors and S/Guards and Chowkidars.

V **BLOOD PRESSURE :**

The Board will use its discretion regarding Blood Pressure. A rough method of calculating normal maximum systolic pressure is as follows:-

- I With Young subject 15-25 years of age the average is about 100 Plus the age.
 - II. With Subjects over 25 years of age the general rule is 110 plus half of the age.
- NOTE:- As a general rule any systolic pressure over. 150 and diastolic over 90 should be regarded as suspicious and that candidate should be advised hospitalization with any Hospital by the Board before giving their final opinion regarding candidates fitness or otherwise. The hospitalization report should indicate whether there is in Blood pressure is of the transient nature due to excitement etc. or whether it is due to any organize disease. . The final decision as to the fitness or otherwise of a candidate will, however, rest with the Board only. The minimum systolic pressure for any age should never be less than 100 mm of Mercury and diasystolic pressure should not be less than 60 mm of Mercury.

If a case is found to be hypertensive due to excitement or due to organic heart disease, complete investigations including ECG, X-ray chest, blood, urea etc. should be done within two weeks from any Government Hospital/ Empanelled hospital/ Empanelled Lab to rule out essential hypertension. In such cases the Medical Board

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should ensure that all the 3 chances are availed by the candidate within 3 weeks positively. Any expenditure incurred by the new recruit on this account will be borne by him/ her.

VI. URINE TEST :

The urine passed while undergoing medical examination should be examined and result recorded for Sugar and Albumin. Where the Board finds sugar present in the candidate's urine by the usual strip test, the Board will proceed with the examination with all other aspects and will also specially not any signs or symptoms, suggestive of diabetes. If except for glycosuria, the Board finds that the candidate confirms to the standard of medical fitness required, the Board may pass the candidate fit subject to the glycosuria being non diabetic and refer the case to the specialist of any Government Hospital/ Empanelled hospital/ Empanelled Lab .

The Board will base its final opinion fit or not fit in the light of report of the said specialist. . Any expenditure incurred by the new recruit on this account will be borne by him/ her.

VII STANDARD OF PHYSICAL FITNESS :

For all the categories viz. Ministerial and Supervisory staff workshop staff, Drivers, Conductors and class IV employees.

The candidate must be in good health and free from any disability likely to interfere in the efficient performance of duty. It should, however, be ensured:

- a) That the candidate's hearing in each ear is good and that there is no sign of disease in the ear. (Visual examination)
- b) That his/her teeth are in good condition. (Visual examination)
- c) That his/her speech is without impairment (Visual examination)
- d) That the chest is well formed and his chest expansion is sufficient and that his /her heart and lungs are sound. (Visual examination)
- e) That there is no evidence of any abdominal disease. (Visual examination)
- f) That he/she is not a notured/epileptic or raptured. (Undertaking from the candidate)
- g) That he does not suffer from hydroceole, Hernia, severe degree of vericase to Varicose veins or piles. (Visual examination)
- h) That his/her limbs, hands and feet are well formed and developed and there is free and perfect the movement of all joints and there should be no contracture of any Part of the body. There should not be motor or sensory loss of any part of body. (Visual examination)

Slight injury resulting in loss of pulp but nail being intact to any one of the finger including thumbs and toes of both hands and feet or malunited fracture of shaft of any one of phalanges of both hands and feet but movements at interphalangeal joint being intact with firm grip or hand can be considered for relaxation by the Medical Board provided above conditions do not interfere in the performance of duty.

Minor injuries resulting in partial loss of middle phalanx of any one of finger or toe but thumb and big toe being intact of either hand or feet, may be considered for relaxation for Ministerial staff and conductors provided the proximal Interphalangeal joint is intact and the condition does not interfere in performance of normal duty.

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- i) That there is no congenital malformation or chronic disease pointing to any impaired constitution or chronic disease. (Visual examination)
- j) That he/she does not suffer from any inveterate skin disease. (Visual examination)
- k) That he/she bears marks of effective vaccination. (Visual examination)
- l) That he/she is free from communicable disease/ venereal disease. (Visual examination)
- m) That he/she should not suffer from any mental disease and is not under any medication in this regard .(Undertaking from the candidate)

VIII PROCEDURE FOR MEDICAL EXAMINATION OF EMPLOYEES FOR THE PURPOSE OF GRANT OF LEAVE / RETIREMENT :

- i) If the Board finds that the employees who has been referred for medical Examination on the recommendation of the unit Officer, is in a bad state of Health and considers that a period of absence from duty is necessary in his case, for the recovery of health, if may recommend the grant of leave.
- ii) If the Board considered that there is not reasonable prospect of the employee recovering his health and becoming unfit to resume his duties, it should record. the opinion that he is permanently incapacitated for service and will also give detailed reasons for that opinion.
- iii) An employee declared by the Board to be permanently incapacitated for further service shall be retired from service. The employee will be informed of action proposed to be taken indicating briefly the grounds or which such action is to be taken.
- iv) If the Medical Board feels suspicious of any disease in any employee a appearing before Medical Board, the Chairman of the Board will direct the employee to get his tests done from Government Hospital/Empanelled hospital/ Empanelled Labs and show the same to the Medical Board who will take the decision accordingly.
The expenditure incurred by an employee for getting investigated or any test done from the Government Hospital/Empanelled hospital/ Empanelled Labs will be borne by the Corporation.

MEDICAL STANDARDS OF DRIVERS (Beyond the age of 40 years)

Newly recruited contractual drivers (who are in the age group of 40-50 years) with the following standards :

Vision : Distant	6/9	6/9 (With or without glasses)
	6/6	6/12
Near	N/6	N/6

In case of both vision defects, the candidate should wear bifocal/progressive glasses to correct the vision. Total amount of Myopia (including the cylinder) shall not exceed -4.00 . Total amount of Hypermetropia (including the cylinder shall not exceed +4.00 D.

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In all cases field of vision should be checked by Confrontation method. If doubt persists, then Goldman Perimetry / Humfrey field analyser should be used with the target size III4e /10dB.

MEDICAL STANDARDS OF DRIVERS (For extension of service beyond 55 years)

THE MINIMUM VISION STANDARD

The driver appearing, before the Medical Board for extension of services are recommended to have the following standard of Medical fitness.

Vision: - Distant	6/9	6/9	} With or without glasses
	6/6	6/12	
Near	J 3	J 3	}

In case of both vision defects, the candidate should wear bifocal/ progressive glasses to correct the vision. Total amount of Myopia (including the cylinder) shall not exceed -4.00 D . Total amount of Hypermetropia (including the cylinder shall not exceed +4.00 D.

Cataract surgery for correction of vision is allowed for the extension of service beyond 55 years of age.

Colour Blindness (As per Para IV above) or Night blindness is a disqualification for drivers for extension of service.

BLOOD PRESSURE:

The diastolic blood pressure should not be more than 90 mm of Hg. And systolic should not be more than 150 with a variation of 10 mm of Hg only in the systolic reading

If the Driver is found hypertensive his blood pressures should be controlled with drugs within the above mentioned range.

MISCELLANEOUS MEDICAL STANDARDS :

Ischemic heart disease will be a disqualification for this purpose.

A Controlled Diabetic is not a disqualification - Drivers for extension of service

Epilepsy-Mental derangement will be a disqualification

Absence of Teeth or presence of artificial denture will not be a disqualification. Excepting the above mentioned standard, the rest of the standard will be the same as applicable for new recruits.

The drivers (regular/ contractual) will have to undergo regular eye check up after every two years of induction into the services of the Corporation and all other medical tests after attaining the age of 40 years as per the existing provisions .

Regular medical examination of a permanent driver posted in DTC will also be done by DTC Medical board on attaining the age of 45 years and 50 years . This

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would be in addition to medical fitness check up being conducted at the time of induction of driver and at the time once they attain the age of 55 years.

Decision of the Medical Board regarding fitness of a Driver for extension of service will be final. However CMD/MD DTC can order for the re-medical examination of any employee/ newly recruited candidate through an independent medical board to be constituted by Secretary, Health & family Welfare, GNCTD .

[Handwritten signatures and text]
Sr. mgr (P)-3 Manager (P)-3 Dy mgr (P)-3 OS-3 *[Signature]* *[Signature]*
04/12/2024

Delhi Transport Corporation
(Government of NCT of Delhi)
I.P. Estate: New Delhi-110002


PLD-III/Medical Standards/2022/858

Dated: 11.02.2022

Subject : Revision of medical standards in DTC

Further to circular No. PLD-III/Medical standards/2020/4924 dated 04.12.2020 it is notified for information of all concerned that the height of the female candidates to be considered for the post of driver has now been fixed at 153cms.

This has the approval of the Competent Authority.


(Chander Prakash)

Dy. Chief General Manager (P)-I

Chief Medical officer

- All HODs
- OSD to MD
- All Regional Managers
- All unit officers